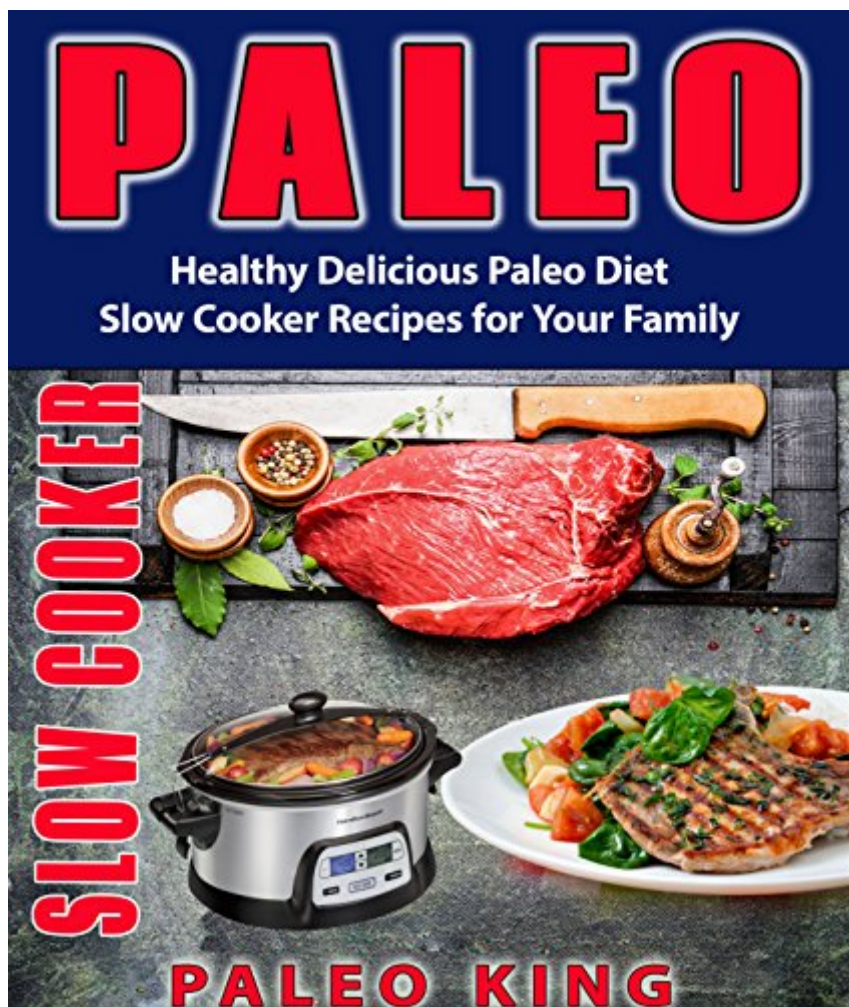


The book was found

Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes For Your Family (Slow Cooker Recipes, Low Carb Diet, Paleo Diet Recipes, Paleo Cookbook, Ketogenic Diet, Ketogenic Recipes)





Synopsis

Look and Feel Great with the Paleo Lifestyle! Do you want an easy way to cook grain free AND low carb meals? Looking for more Healthy Slow Cooker recipes that comply with Paleo Diet? While a Paleo diet has been shown to be very effective for people wanting to lose weight and improve their health, spending time in the kitchen on a daily basis can be difficult. That's why Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes for Your Family gives you slow cooker recipes to help you find extra time so you can do other things besides cook. In this Paleo Slow Cooker Cookbook you will find over 200 easy recipes, all with special nutritional information included, and are designed specifically to support paleo lifestyle. Discover how to cook really tasty low carb diet in your crock pot!

- Receive valuable tips and tricks for using your slow cooker
- Enjoy recipes featuring beef, chicken, pork, and seafood
- See how to make delicious side dishes
- Appreciate the easy-to-follow instructions
- Immune health (autoimmune conditions)
- Blood sugar regulation (diabetes 1 & 2, hypoglycaemia)
- Digestive health (leaky gut, IBS & IBD)
- Multiple sclerosis, fibromyalgia, and chronic fatigue syndrome
- thyroid health (hypo and hyper - Hashimotos, Graves)
- Heart health
- Neurological health
- Cancer recovery
- Fat loss

And More..... Isn't this great? What are you waiting for? Download your copy right now!

Book Information

File Size: 2784 KB

Print Length: 176 pages

Simultaneous Device Usage: Unlimited

Publication Date: June 20, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B072Z4Q7V5

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #85,980 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #1

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Customer Reviews

Nothing new

This book will empower you to see more about Paleo eating normal and giving you mouth watering equations using Slow cooker. This will empower you to serve your family with a strong, delightful and easy to prepare devour even for all intents and purposes customary. Cooking with direct cooker is not exactly as of late like the typical cooking this may take you hours to cook anyway you can without a doubt have a sublime with overflowing with upgrade sustenance.

I've been living the Paleo lifestyle for a few months. I'm always looking for new recipes to try it, and use with my own touches. This book has some great ideas. I tried some, and everything is very tasty and easy to prepare. I can not wait to try the others.

Superb book with Really good easy recipes. .The ingredients are wholesome, including lots of tasty vegetables and savory spices. The directions are numbered and easy to follow. Recommended

I love this book! I have many paleo slow cooker cookbooks and this is a solid one. It has many of the usual suspects, but it also has a chapter on quick breads and muffins that is definitely unique. I definitely recommend this if you want the convenience of slow cooker recipes while staying on track with your paleo diet.

This book will enable you to see more about Paleo eating typical and giving you mouth watering conditions utilizing Slow cooker. This will enable you to serve your family with a solid, delightful and simple to get ready eat up notwithstanding in every way that really matters standard. Cooking with coordinate cooker is not precisely starting late like the average cooking this may take you hours to cook in any case you can no ifs ands or buts have a glorious with flooding with overhaul sustenance.

Great book about Paleo diet. If you are looking for healthy slow cooker recipes, this book is for you. In this Paleo Slow Cooker Cookbook you will find over 200 easy recipes, all with special nutritional information included, and are designed specifically to support paleo lifestyle. Recommended.

Excellent book! I enjoyed this book reading and the recipes are also healthy and tasty. I would like to recommend this book to all.

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